



Company Profile: Montverde Academy is a coeducational independent school that serves grades Pre-K3 through 12. Our boarding program serves grades 7-12 and post-graduate studies. At the heart of an MVA experience is an engaging and challenging academic environment that inspires students to achieve at the highest level. In and out of the classroom, students develop their talents and abilities through involvement in fine arts, athletics, school clubs, and service organizations. Our staff, parents and students are part of a close-knit, deeply caring community. We emphasize positive relationships that help build self-esteem and confidence in our students, where each individual feels like a valued community member. We enjoy cultural diversity unlike any other school as we attract students from around the world. With more than 75 nationalities represented by students, our international character adds an exciting global perspective to our community and the educational experience we provide.

Job Title:

Assistant Weightlifting Coach

Contact:

Weightlifting Head Coach

Job Description: This position will assist with programming directly related to Montverde Academy Weightlifting. This is a professional position and all of the duties of the position must be conducted in adherence with the policies, rules, and regulations of Montverde Academy.

Primary Responsibilities:

- Manages and supervises athletic activities, contests, and practice sessions, to promote individual growth in athletic skills, teamwork, discipline, respect, and good sportsmanship
- Coaches and instructs players, individually or in groups, regarding the rules, regulations, equipment, and techniques of the sport
- Counsels and advises student-athletes on components of weightlifting programs.
- Ensures proper use and care of facility equipment
- Manage the ordering, distribution, and care of team equipment, and uniforms.
- Ensures adherence and compliance to all Florida High School Athletic Association (FHSA) rules by athletes and supporting staff
- Represents the sports program to various institutional programs and externally to the media, students, parents, and the general public
- Participates in professional development opportunities to enhance knowledge
- Oversees upkeep of weight room facilities
- Performs other duties in adherence with the needs of managing a Weightlifting program

Minimum Qualifications

- At least 2 years' experience of experience in strength & conditioning coaching
- Demonstrated knowledge of FHSA rules and regulations
- Have a valid driver's license and be willing to drive.
- Bachelors' degree from an accredited college/university
- US Center for SafeSport Certification
- CPR/First Aid Certified, up to date NFHS Coaching Certificates

Physical requirements:

- While performing the duties of this job, the employee is regularly required to sit; use hands to finger, handle, or feel and talk or hear. The employee is frequently required to reach with hands and arms. The employee is frequently required to stand; walk; climb or balance; stoop, kneel, crouch, or crawl and taste or smell.
- The employee must regularly lift and/or move up to 10 pounds, frequently lift and/or move up to 25 pounds and occasionally lift and/or move up to 50 pounds.
- Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception and ability to adjust focus.
- Must be able to access and navigate each department at the Academy's facilities.