

# MONTVERDE ACADEMY - DINING HALL MENU



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WAKE-UP CALL</b>		<b>2022-01-24</b> Cheese Omelette Sausage Biscuit Home Fries Sausage Patty Gravy	<b>2022-01-25</b> Hard Boiled Eggs Tater Tots Sausage Links Toasted Bagel Oatmeal	<b>2022-01-26</b> Chicken Waffle Chocolate Chip Pancakes Home Fries Warm Muffin	<b>2022-01-27</b> Scrambled Eggs Hash Browns Bacon Warm Croissant Grits	<b>2022-01-28</b> Egg Patty English Muffin Tater Tots Ham Slice French Toast Sticks	<b>BRUNCH</b>	<b>BRUNCH</b>
		<b>LUNCH TIME</b>	<b>PASSPORT ALL GRADES</b>	Rotini Pasta Marinara Sauce Pesto Alfredo Sauce Steamed Rice Chicken	Tortellini Meat Sauce Tomato Basil Sauce Basmati Rice Diced Chicken	Cavatappi Pasta Alfredo Sauce Marinara Pinto Beans Steamed Rice	Rotini Pasta Marinara Rosa Sauce Korean Beef Steamed Rice	<b>Build Your Own Rice Bowl</b> Steamed White Rice Chicken & Beef Fajita Black Beans, Zucchini Corn Salsa
		<b>LOWER SCHOOL</b>	Ground Beef Taco Mexican Rice Mixed Vegetables Refried Beans	Ravioli Steamed Rice Peas & Carrots Balsamic Chicken	Chicken Nuggets Baked Beans Stuffing Mixed Vegetables	Sloppy Joes Macaroni & Cheese Green Beans Yellow Rice	Pepperoni Pizza Cheese Pizza Squash Medley Ziti Pasta	
		<b>GRADES 6-12</b>	Chicken Enchilada Mexican Rice Mixed Vegetables Ground Beef Taco Refried Beans	Balsamic Chicken Steamed Rice Peas & Carrots Baked Fish Roasted Potatoes	Baked Chicken Baked Beans Stuffing Mixed Vegetables Beef Strips	Sloppy Joes Macaroni & Cheese Green Beans Yellow Rice Grilled Chicken	Pepperoni Pizza Cheese Pizza Squash Medley Meatballs in Marinara Ziti Pasta	
		<b>NEST</b>	Chicken Enchilada Beef Pasta Rice/ Veg	Chicken Breast Pasta Steamed Rice / Veg	Grilled Chicken Pasta Steamed Rice / Veg	Baked Chicken Pasta Steamed Rice / Veg	Chicken Breast Vegetable Lasagna Steamed Rice / Veg Pasta	
		<b>PB &amp; J SANDWICHES ALONG WITH FRESH BANANAS, APPLES &amp; ORANGES OFFERED EVERY WEEK DAY</b>						
<b>DINNER</b>		Baja Bowl Night!	Salisbury Steak Mashed Potatoes & Gravy Green Peas Rice Pilaf	Gumbo Fried Rice Grilled Chicken Breast Pasta Chef's Vegetables	Battered Cod Steamed Rice Mixed Vegetables Baked Chicken	Chicken Tenders French Fries Macaroni & Cheese Corn on the Cobb	<b>CHEF SPECIAL</b>	<b>CHEF SPECIAL</b>