

MONTVERDE ACADEMY - DINING HALL MENU



	Mon, Apr 22	Tue, Apr 23	Wed, Apr 24	Thu, Apr 25	Fri, Apr 26
Breakfast	Scrambled Eggs	Hard Boiled Egg	Fried Egg Patty	Scrambled Egg Patty	Cheese Omelet
	Chicken & Waffles	Tater Tots	Hash Brown Triangle	Hash Browns	Tater Tots
	Pork Sausage Links	Chicken Sausage Patty	Sausage Link	Bacon	Pork Sausage Links
	Warm Blueberry Muffin	Warm Banana Nut Muffin	Vegetarian Sausage Patty	Warm Apple/Cinn Muffin	French Toast Sticks
	Oatmeal	Cheese Grits	Oatmeal	Bacon and Cheese Grits	Oatmeal
Lower	Beef Taco	Baked Ziti	Popcorn Chicken	Popcorn Shrimp	Chicken Tortellini Alfredo
	Chicken Taco	Chicken Tenders	Cheese Quesadillas	Creamy Chicken And Broccoli	Pepperoni Pizza
	Yellow Rice	Fries	Mashed Potatoes	Basmati Rice	Cheese Pizza
	Sweet Kernal Corn	Peas and Carrots	Buttered Peas	Cauliflower	Cauliflower Florets
Passport	Teriyaki Beef Strips	Cheese Tortellini	Diced Chicken	Three Bean Stir Fry	Baked Chicken
	Edamame Stir Fry W/ Carrot	Grilled Beyond Burger	Vegetarian Chicken Strips	Alfredo & Marinara	Pasta & Marinara
	Jasmine Rice	Marinara & Alfredo Sauce	Cavatappi Pasta	Buttered Pasta	Basmati Rice
	Pasta Marinara		Rose Sauce	Basmati Rice	Seasoned Black Beans
			Basmati Rice		
6th-12th	Beef Taco	Baked Ziti	Chicken Tenders	Seasoned Beef Strips	Mild Buffalo Popcorn Chicken
	Chicken Taco	Blackened Chicken	Roast Pork with Gravy	Creamy Chicken & Broccoli	Beef Barbacoa
	Yellow Rice	Garlic Stick	Mashed Potatoes	Basmati Rice	Mac n Cheese
	Refried Beans	Basmati Rice	House Fried Potato Chips	Buttered Couscous	Basmati Rice
	Sweet Kernel Corn	Peas and Carrots	Broccolini	Cauliflower	Green Beans
Nest	Baked Chicken	Grilled Chicken Breast	Teriyaki Glazed Chicken	Broiled Chicken	Braised Chicken Strips
	Braised Beef Strips	Beef Barbacoa	Lemon Herb Salmon	Roasted Beef Strips	Beef Meatballs
	Pasta Marinara	Basmati Rice	Jasmin Rice	Basmati Rice	Pasta & Marinara
	Basmati Rice	Buttered Pasta	Pasta Marinara	Pasta Marinara	Basmati Rice
	Green Beans	Peas and Carrots	Broccolini	Broccoli	Steamed Vegetable Blend
Dinner	Philly Steak Sandwich	Beef Pot Roast	Pulled Beef	Baked Chicken	Battered Cod
	Seasoned Chicken Strips	Mashed Potatoes	Grilled Chicken Breast	Beef Goulash	Grilled Turkey Burger
	Basmati Rice	Grilled Bratwurst Sausage W/ Roll	Pasta	Rice	Basmati Rice
	French Fries	House Fried Potato Chips	Cajun Cream Sauce	Garden Herb Quinoa	French Fries
	Chef's Vegetable	Roasted Cabbage	Chef's Vegetable		Chef's Vegetables
Lunch Grill	Monday - Friday: Fried Chicken Sandwich, Sabrett Beef Frank, Brioche Bun, American Cheese, Lettuce, Tomato, Pickle and Onions				
Soup	Italian Wedding	Minestrone	Broccoli and Cheddar	Chicken Noodle	

Always available for breakfast: Assorted Cereals, Breads, Bagels, Croissants, Muffins, Waffles, Fruit, Yogurt, Meats, and Cheese

Available for lunch and dinner: Full Fresh Salad bar, Meats and Cheeses, Chicken Salad, Tuna Salad, and Assorted Breads.

This week's specialty Salad: Seafood Salad